

Call United Way 

2-1-1TM

Get Connected. Get Answers.

GET CONNECTED

Available 24/7

No Cost

Completely confidential

Multilingual assistance

Available by phone or online

GET ANSWERS

Basic human needs

Physical and mental health

Employment support

Assistance for older adults and people with disabilities

Support for children and families

Emergency/crisis assistance



2-1-1 is a service provided by
United Way

WE ARE THERE WHEN YOU NEED HELP



DIAL 2-1-1

A trained professional will listen to the situation, access a database of over 840 agencies and resources, and find the best solution possible to fill the need.



FirstCallForHelpIowa.org

This website has improved search and navigation to aid persons in need of assistance. It provides access to the same extensive database as the 2-1-1 center.

A photograph of a woman with short blonde hair, wearing a headset and a light purple shirt, sitting at a desk in a call center. She is looking at a computer monitor. The desk has a telephone, a keyboard, and some papers. A blue semi-transparent box is overlaid on the right side of the image, containing contact information.

CALL 2-1-1
319-739-4211
Toll-free at
1-866-469-2211

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