## THE POWER OF YOU





\$20 % \$25 % More than 150 books for young children

75 people receive crisis counseling via phone.

26 pounds of food

for one family

One month of parent education for one family



18 rides for rural seniors

to health appointments

Every donation, of time or money, makes a **DIFFERENCE**.

Abbe Center for Community Mental Health Aging Services, Inc. Area Substance Abuse Council Benton County Volunteer Program Big Brothers Big Sisters Boy Scouts of America—Hawkeye Area Council Boys & Girls Club of Cedar Rapids Catherine McAuley Center Community Health Free Clinic Eastern Iowa Health Center Foundation 2 Goodwill Industries of the Heartland Hawkeve Area Community Action Program Horizons: A Family Service Alliance Iowa Legal Aid Jane Boyd Community House

Kids First Law Center Linn County Public Health Mississippi Valley Child Protection Center Rape Victim Advocacy Program Rural Employment Alternatives, Inc. Southeast Linn Community Center The Arc of East Central Iowa The Salvation Army UnityPoint Health—St. Luke's Hospital Dr. Rhys B. Jones Dental Health Center Child Protection Center Volunteer Services of Cedar County Wavpoint Willis Dady Emergency Shelter YMCA of Cedar Rapids Metropolitan Area Young Parents Network



## JOIN US!

We're here to connect you with opportunities to give back, whether it's through volunteering or a donation. Lend your voice, raise your hand, and connect with those who share your passion. Find ways to get involved at uweci.org.









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