



United Way of East Central Iowa



It is the mission of United Way's volunteer program to **BRING PEOPLE TOGETHER TO IMPROVE LIVES THROUGH VOLUNTEERING**. Our Holiday Volunteer Guide compiles volunteering and giving opportunities for you and others who are **LOOKING TO HELP THOSE IN NEED THIS HOLIDAY SEASON**. Thank you for your interest in **MAKING A DIFFERENCE IN OUR COMMUNITY**. That is what it means to **LIVE UNITED**.

Giving opportunities



CLOTHING

Benton County Volunteer Program Charmaine Wickwire, bcvp_cwickwire@yahoo.com

Catherine McAuley Center Tina Gossman, tina@cmc-cr.org

Cedar Valley Friends of the Family Makaila Sloter, Makaila@cvfriendsofthefamily.org

Families Helping Families of Iowa Amy Jellison, amyj@fhfia.org

Foundation 2, Inc. Elisabeth Kissling, ekissling@foundation2.org

Jane Boyd Durel Hendred, dhendred@fouroaks.org

Oak Hill Jackson Neighborhood Association Dawn Stephens, oakhillna@gmail.com

Olivet Neighborhood Mission Erica Carrico, holiday.onm@gmail.com



FOOD

Catherine McAuley Center Tina Gossman, tina@cmc-cr.org

Cedar Valley Friends of the Family Makaila Sloter; makaila@cvfriendsofthefamily.org

Foundation 2, Inc. Elisabeth Kissling, ekissling@foundation2.org

HACAP Greg Goodell, ggoodell@hacap.org

HD Youth Center Dawn Stephens, director@hdyouthcenter.org

Jane Boyd Community House Dorice Ramsey, dramsey@fouroaks.org

Jones County Volunteer Center Amy Keltner, amy.keltner@uweci.org

Oak Hill Jackson Neighborhood Association

Dawn Stephens, oakhillna@gmail.com

Olivet Neighborhood Mission Erica Carrico, holiday.onm@gmail.com

The Salvation Army Lia Pontarelli, lia_pontarelli@usc.salvationarmy.org

Waypoint Services Ashley Taylor, ashley.taylor@waypointservices.org



GIFT CARDS

Aging Services, Inc. Lauri Mitchell, Imitchell@abbehealth.org

Catherine McAuley Center Tina Gossman, tina@cmc-cr.org

Cedar Valley Friends of the Family Makaila Sloter, Makaila@cvfriendsofthefamily.org

Cornell College Civic Engagement Office Katie Wilson, kwilson@cornellcollege.edu

Families Helping Families of Iowa Amy Jellison, amyj@fhfia.org

Foundation 2, Inc. Elisabeth Kissling, ekissling@foundation2.org

Four Oaks Family and Children's Services *Diane DeGroote, ddegroote@fouroaks.org*

HD Youth Center Dawn Stephens, director@hdyouthcenter.org

Horizons Jenny Barnett jbarnett@horizonsfamily.org

Oak Hill Jackson Neighborhood Association Dawn Stephens, oakhillna@gmail.com

The Salvation Army Lia Pontarelli, lia_pontarelli@usc.salvationarmy.org

Waypoint Services Ashley Taylor, ashley.taylor@waypointservices.org



TOYS FOR CHILDREN

Catherine McAuley Center Tina Gossman, tina@cmc-cr.org

Cedar Valley Friends of the Family Makaila Sloter, Makaila@cvfriendsofthefamily.org

Cornell College Civic Engagement Office *Katie Wilson, kwilson@cornellcollege.edu*

Families Helping Families of Iowa Amy Jellison, amyj@fhfia.org

Foundation 2, Inc. Elisabeth Kissling, ekissling@foundation2.org

Four Oaks Family and Children's Services *Diane DeGroote, ddegroote@fouroaks.org*

Horizons Jenny Barnett jbarnett@horizonsfamily.org

Jane Boyd Community House Megan Isenberg, misenberg@fouroaks.org

The Salvation Army Major Barb Logan, barbara_logan@usc.salvationarmy.org

Waypoint Services Ashley Taylor, ashley.taylor@waypointservices.org

Young Parents Network Mallory Landuyt, mlanduyt@youngparentsnetwork.org

Volunteer opportunities



ADOPT A FAMILY

Catherine McAuley Center Anne Dugger, anne@cmc-cr.org

Cedar Valley Friends of the Family Makaila Sloter, Makaila@cvfriendsofthefamily.org

Cornell College Civic Engagement Office civic@cornellcollege.edu

Families Helping Families of Iowa Amy Jellison, amyj@fhfia.org

Four Oaks Family and Children's Services Diane DeGroote, ddegroote@fouroaks.org

HACAP HACAP Holiday Assistance Team, holidays@hacap.org

Horizons Jenny Barnett jbarnett@horizonsfamily.org

Jane Boyd Community House Megan Isenberg, misenberg@fouroaks.org

Kids on Course Beth Malicki, BMalicki@kidsoncoursecr.com

Oak Hill Jackson Neighborhood Association Dawn Stephens, oakhillna@gmail.com

Olivet Neighborhood Mission Erica Carrico, holiday.onm@gmail.com

The Salvation Army Lia Pontarelli, lia_pontarelli@usc.salvationarmy.org

Waypoint Services Ashley Taylor, ashley.taylor@waypointservices.org



DRIVING OR VISITING THE ELDERLY

Aging Services, Inc. Bri Troendle, btroendle@abbehealth.org

Riders Club of Cedar Rapids Martin Wissenberg, martin@myridersclub.com

The Salvation Army Major Barb Logan, barbara_logan@usc.salvationarmy.org



FOOD BASKETS & MEALS

Aging Services, Inc. Bri Troendle, btroendle@abbehealth.org

Benton County Volunteer Program Charmaine Wickwire, bcvp_cwickwire@yahoo.com

Foundation 2, Inc. Elisabeth Kissling, ekissling@foundation2.org

HACAP Greg Goodell, ggoodell@hacap.org

Horizons Anna Ronnebaum, aronnebaum@horizonsfamily.org

The Salvation Army Lia Pontarelli, lia_pontarelli@usc.salvationarmy.org



HOLIDAY ACTIVITIES, PROJECTS & PARTIES

Cedar Rapids Public Library Fire & Ice Festival: Saturday. Dec. 5 Lindsey Tygart-Brown, tygart-brownl@crlibrary.org

Families Helping Families of Iowa

Christmas party: Saturday, Dec. 12 Amy Jellison, amyj@fhfia.org

HD Youth Center

Holiday Celebration, Saturday, Dec. 12 Dawn Stephens, director@hdyouthcenter.org

House of Hope

Festival of Hope: Friday, Dec. 4 Christina Hernandez, christina@houseofhopecr.org

Jane Boyd Community House Holiday party: Dec. 18 Megan Isenberg, misenberg@fouroaks.org

National Czech & Slovak Museum & Library Old World Christmas Market: Dec. 5 - 6 Lindsay Erhardt-Hansen, lerhardt@ncsml.org

The Arc of East Central Iowa

Wrapping for a Cause: Dec. 4 - 24 Lexi Coberly, Icoberly@arceci.org

Waypoint Services

Holiday Wonderland: Dec. 1 - 15 Sonya Masse, sonya.masse@waypointservices.org

Young Parents Network

Thanksgiving meal: Nov. 19 Holiday party: Dec. 10 We Care Shopping Night: Dec. 14 Mallory Landuyt, mlanduyt@youngparentsnetwork.org



OTHER VOLUNTEER NEEDS

HACAP

Jackie Schropp, jschropp@hacap.org

• Adopt-a-Classroom - Purchase school supplies or equipment for one of our Head Start and/or Early Head Start Classrooms in Linn County.

Horizons

Anna Ronnebaum, aronnebaum@horizonsfamily.org

• Monetary donations: Needed to help us supplement the Senior Santa program. Gifts will be purchased for Meals on Wheels client.

House of Hope

Sarah Jackson, sarah@houseofhopecr.org

• Paper items, hand-soap, and printer toner

The Salvation Army

Allyson Schnoor, allyson_schnoor@usc.salvationarmy.org

• Volunteers are needed to ring the bells for the annual Christmas Kettle Campaign

Young Parents Network

Mallory Landuyt, mlanduyt@youngparentsnetwork.org

• New age-appropriate books: English and Spanish versions for children ages 0-5

Giving & Volunteering Index

AGENCY CONTACT INFORMATION

Learn more about each agency by clicking their name.

Aging Services, Inc.	319-398-3644
Benton County Volunteer Program	319-434-6078
Catherine McAuley Center	319-363-4993
Cedar Rapids Public Library	319-739-0403
Cedar Valley Friends of the Family	319-352-1108
Cornell College Civic Engagement Office	319-895-4538
Families Helping Families of Iowa	319-294-9706
Foundation 2, Inc.	319-362-1170
Four Oaks Family and Children's Services	319-784-2020
HACAP	319-393-7811
HD Youth Center	319-365-1662
Horizons: A Family Service Alliance	319-398-3943

House of Hope	319-366-4673
Jane Boyd Community House	319-366-0431
Jones County Volunteer Center	319-560-0811
Kids on Course	319-213-6761
National Czech & Slovak Museum & Library	319-362-8500
Oak Hill Jackson Neighborhood Association & Resource Center	319-389-3296
Olivet Neighborhood Mission	319-364-7946
Riders Club of Cedar Rapids	319-365-1511
The Arc of East Central Iowa	319-365-0487
The Salvation Army	319-364-9131
Waypoint Services	319-365-1458
Young Parents Network	319-364-8909

7 TIPS FOR USING THE HOLIDAY VOLUNTEER GUIDE

- 1. Review the different categories that most interest you.
- 2. Click on the agency link to learn more about the programs each agency provides to determine if they align with your interests.
- 3. Form a group of friends or co-workers to adopt a family or individual.
- 4. Contact an organization that needs clothing, food or toys to get a specific list of their needs. Start a collection drive at your place of business and place a decorated box where employees and customers can bring items. Be sure to identify the agency and who will be receiving items.
- 5. Take up a collection to purchase the much needed gift certificates for clients being served through agencies.
- 6. Sign up your family to help with a date specific holiday party or event.
- 7. Plan ahead. Most agencies need assistance prior to the holiday, not the day of.



DO YOU OR A FAMILY MEMBER NEED HELP?

Available 24/7. No cost. Completely Confidential. Multilingual assistance. Available by phone or online.

United Way 2-1-1 is a free, confidential service that connects individuals and families to community resources and the services they need, 24-hours a day, seven days a week.

Call 2-1-1 or visit firstcallforhelpiowa.org.