

This annual event raises awareness regarding hunger and homelessness at the local level.

WHAT IS A SLEEP OUT?

Participants construct makeshift shelters using cardboard or personal tents and spend the night outside while learning about homelessness and what our community is doing to help those in need.



The Sleep Out isn't about giving participants "a taste" of what it is like to be homeless, although some leave with a tiny glimpse of how challenging such a situation can be. There is no way that a single night, regardless of how cold or wet, can replicate the helplessness and personal pain of truly being homeless.

Speakers are available to help your group gain awareness of homelessness and learn more about the Sleep Out for the Homeless event.



Requests for presenters can be made at:
www.sleepoutcr.org

This is an educational awareness event. Proceeds from registrations, donations, and the silent auction will be distributed to homeless service providers in the community.



Benefiting agencies that serve the homeless in our community

- ASAC Transitional Housing Programs
- Catherine McAuley Center Transitional Housing Program
- Cedar Valley Friends of the Family
- Community Overflow Weather Shelter System
- Family Promise of Linn County
- Foundation 2
- Hawkeye Area Community Action Program
- Mission of Hope
- St. John of the Cross Catholic Worker House
- The Salvation Army
- Waypoint Services
- Willis Dady Emergency Shelter

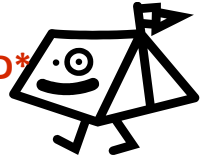
Details about these organizations can be found at:
www.sleepoutcr.org



WHAT TO BRING TO THE SLEEP OUT

- | | |
|-------------------|-------------------|
| * Dress in layers | * Coat |
| * Hat | * Gloves/Mittens |
| * Blankets | * Pillows |
| * Flashlight | * Snacks |
| * Water bottle | * Games/books/etc |

TENTS ARE ENCOURAGED
(please no stakes)



- If building a cardboard structure:
- * Cardboard (limited quantities available)
 - * Packing tape (no duct tape)
 - * Box cutter
 - * chalk/markers (no paint)

Participants are responsible for removing all materials that are brought into the stadium.

EVENT ACTIVITIES

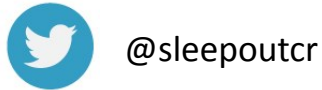
- * Educational games and learning experiences for all ages
- * A family friendly movie will be shown on the Kernel's scoreboard
- * Silent auction (cash/credit/check accepted)
- * Refreshments including soup and warm drinks

New This Year!

Bring your costumes and join the fun in our Trunk or Treat event!



Get Involved!



REGISTER

Individuals and groups can register at
www.sleepoutcr.org

Spread the word and fundraise for the cause
through our official Sleep Out website.

DONATE

Donate online at:

www.sleepoutcr.org

or by mail to:

Community Circle of Care, Inc

ATTN: Sleep Out for the Homeless

PO Box 1305 Cedar Rapids, IA 52406-1305

Make checks payable to: **Sleep Out Project**

SPONSOR

Help a participant meet their fundraising
goal by donating to a designated
participant/group

Supporters can go to:

www.sleepoutcr.org

Thank you to our sponsors:



IOWA FINANCE
AUTHORITY



THE LINN COUNTY
BOARD of SUPERVISORS
WITWER TRUST



FELLS & TRONVOLD
LAW OFFICES, PLC

To become an event
sponsor contact:
sleepoutcr@gmail.com

11th Annual



Linn County
Sleep Out
for the
Homeless

October 29-30, 2016

Veterans Memorial Stadium

950 Rockford Rd SW
Cedar Rapids, IA 52404

www.sleepoutcr.org

Gates open 3PM Saturday
Event concludes 6AM Sunday

