

Together, we can improve lives through volunteering. That's part of United Way's mission and how you can **LIVE UNITED.** 

Our 2016 Holiday Volunteer Guide compiles volunteering and giving opportunities for people looking to help those in need this holiday season.

### CLICK AN AGENCY NAME OR OPPORTUNITY BELOW TO LEARN MORE.

## **Giving Opportunities**



### **ADOPT A FAMILY**

Catherine McAuley Center

HACAP

Olivet Neighborhood Mission

Willis Dady Emergency Shelter



### **FOOD**

Catherine McAuley Center

Non-perishable foods

The Salvation Army

Canned food drive

**HACAP** 

Food drive



### **GIFTS & GIFT CARDS**

**Aging Services** 

Foundation 2

**Tanager Place** 

Waypoint



#### TOYS FOR CHILDREN

Catherine McAuley Center

Families Helping Families

Tanager Place

The Salvation Army

Young Parents Network

## **Volunteer Opportunities**



### **DRIVING THE ELDERLY**

Aging Services
Riders Club



# HOLIDAY ACTIVITIES, PROJECTS, & PARTIES

Families Helping Families

Annual holiday party

Horizons

<u>Holiday of Hope</u>

Jane Boyd

Holiday party & gift wrapping

The Arc of East Central Iowa <u>Christmas party</u>

Willis Dady Emergency Shelter

<u>Deck the halls</u>

<u>Decorations</u>

Waypoint

Christmas open house
Decorate
Winter Wonderland

Young Parents Network <u>Holiday portraits</u>



### **FOOD BASKETS & MEALS**

Benton County Volunteer Program
The Salvation Army
Horizons



### OTHER VOLUNTEER NEEDS

Horizons

Santa for Seniors: Gift bag assembly

Marge Phillips Center Shopping for gifts

The Arc of East Central Iowa Wrapping for a cause

The Salvation Army

<u>Bell ringing</u>

<u>Toys for Tots</u>

Waypoint

Santa's helpers
Shopping for gifts
Sorting donations
Wish list ornament project
Wrapping gifts

## **Giving & Volunteering Index**

### **CLICK EACH AGENCY NAME TO LEARN MORE**

**Aging Services** 

**Benton County Volunteer Program** 

**Catherine McAuley Center** 

**Families Helping Families** 

Foundation 2

**HACAP** 

**Horizons** 

**Jane Boyd Community House** 

**Olivet Neighborhood Mission** 

**Riders Club** 

**Tanager Place** 

The Arc of East Central Iowa

**The Salvation Army** 

**Waypoint** 

**Willis Dady** 

**Young Parents Network** 

## **Holiday Volunteer Guide Tips**

- Review the different categories that most interest you.
- Click on the agency link to learn more about the programs each agency provides to determine if they align with vour interests.
- Form a group of friends or coworkers to adopt a family or individual.
- Contact an organization that needs clothing, food, or toys to get a specific list of their needs. Start a collection drive at your place of business and place a decorated box where employees and customers can bring items. Be sure to identify the agency and who will receive items.
- Take up a collection to purchase the much needed gift certificates for clients served through agencies.
- Sign up your family to help with a date-specific holiday party or event.
- Plan ahead. Most agencies need assistance prior to the holiday, not the day of.

Have a question or need more information?

Email volunteer@uweci.org

317 7th Avenue SE, Ste 401 Cedar Rapids, IA 52401

uweci.org











### A SAFE PLACE TO START

United Way 2-1-1 is a free, confidential information and referral helpline and website. Connect to health and human services in our community — 24 hours a day, seven days a week.

CALL Landline: 2-1-1 Any phone: 319-739-4211 **TEXT** 

Text your zipcode to 898211

ONLINE 211iowa.org