

## Health Report Card FY12–16

Community Goal: Improve social connectedness & mental health functioning of low-income adults by 10%.



United Way  
of East Central Iowa

**The Need: According to the Iowa 2012 Mental Health Outcomes Report:**

Adults reporting improved social connectedness for Iowa are 59 % vs. the national 72%

Adults reporting improved functioning from mental health services for Iowa are 43% vs the national 71%

**Breakthrough Strategy- Women's Leadership Initiative- Increase well-being of low income women through increase of affordability and reduce barriers to access, improve utilization of healthcare systems, improve mental health.**

FY2016 Amount Invested: \$236,825	Partners	FY 2011 baseline	FY 2012 (actual)	FY 2013 (actual)	FY 2014 (actual)	FY 2015 (actual)	FY 2016 (actual)	
		# Impacted	# Impacted	# Impacted	# Impacted	# Impacted	# Impacted	
# of women receiving prescription assistance	Eastern Iowa Health Center, Community Health Free Clinic, Linn County Public Health	1380	1479	1964	1515	1340	669	
# of women receiving dental care		125	103	432	530	328	489	
# of women receiving medical co-pay and preventative screenings		704	321	853	700	796	374	
# of women receiving eye exams and eye glasses		155	225	136	85	57	77	
# of women receiving medical supplies or diabetic testing supplies		109	197	248	148	106	50	
# women receiving navigation-care coordination	ASAC- HOI	NEW						166
# women receiving navigation-care coordination (adtl. screenings) through Med. Social worker	EIHC							

**Intermediate Outcome 1: PREVENTATIVE HEALTH - increase factors that contribute to long-term health by increasing education, screening, early detection and reducing health barriers.**

FY2016 Amount Invested: \$246,000	Partners	FY 2011 baseline	FY 2012 (actual)	FY 2013 (actual)	FY 2014 (actual)	FY 2015 (actual)	FY 2016 (actual)
		# Impacted	# Impacted	# Impacted	# Impacted	# Impacted	# Impacted
# referred for additional services based on screening/assessments	ASAC, St. Luke's Dental	2,741	3,161	3,165	2,861	4,829	7,970
# referred for severe/urgent care		1,882	735*	858	359*	117*	128
# with increased knowledge of risky behaviors		735	938	1,437	440	259	280

**Intermediate Outcome 2: REDUCING ACES (Adverse Childhood Experiences)- prevent, mitigate and treat main contributors of adverse childhood experiences for families with children to build resiliency.**

FY2016 Amount invested: \$1,608,500	Partners	FY 2011 baseline	FY 2012 (actual)	FY 2013 (actual)	FY 2014 (actual)	FY 2015 (actual)	FY 2016 (actual)
		# Impacted	# Impacted	# Impacted	# Impacted	# Impacted	# Impacted
# with reduced levels of crisis, depression, anxiety and/or stress	Foundation 2, Horizons, ASAC, Abbe Center, St. Luke's CPC, Mississippi Valley CPC	15,013	14,587	12,615	10,379	11,460	18,897
# clients screened for ACEs, behavioral health problems, and/or trauma		NEW				11,828	17,711
# who received care based on follow up		NEW				441	747
# with increased feelings of social connectedness		NEW				957	1,318
# with improved/maintained functioning at school, work and/or home		515	1,969*	1,526*	1,714	1,522	1,766
# who have completed treatment with goals met		1,046	1,055	1,016	1,088	938	1,021

**Intermediate Outcome 3: COMMUNITY LIVING -Support home based services that increase well-being and independence for older adults and persons living with disabilities.**

FY2016 Amount invested: \$1,007,658	Agencies	FY 2011 baseline	FY 2012 (actual)	FY 2013 (actual)	FY 2014 (actual)	FY 2015 (actual)	FY 2016 (actual)
		# Impacted	# Impacted	# Impacted	# Impacted	# Impacted	# Impacted
# with increased feelings of social connectedness	Aging Services Inc., The Arc, Horizons, HACAP, Rural Employment Alternatives, Inc., Benton Co. Volunteer Services, Southeast Linn Community Center	NEW				5,951	5,537
# improved/maintained daily functioning		NEW				3,738	4,284
# caregivers with decreased (reduced) levels of stress		62	192*	175*	111	187	226
# reporting increase access to nutritious, low-cost food		NA	945	971	1185	3346	2025
# reporting decreased sense of isolation and loneliness		924	3,344*	3,887	3909	2469	1096
# of individuals reporting increase knowledge of how to improve/maintain their health and wellness		1,362	1,208	1,027	1,054	2,102	511

\* Denotes a change in data compilation from previous year.

FY15 notes specific to increases, decreases, changes in partners funded or partners that are tracking indicators or errors in prior year calculations.

1) US Census Bureau

2) 2011/12 National Survey of Children's Health

As FY15 is a new three-year reporting cycle, many agencies have changed indicators they report, have added new ones, and have dropped others, and there have been changes to agencies funded, use caution when comparing FY14 to FY15.