This annual event raises awareness regarding hunger and homelessness at the local level.

WHAT IS A SLEEP OUT?

Participants construct makeshift shelters using cardboard or personal tents and spend the night outside while learning about homelessness and what our community is doing to help those in need.

The Sleep Out isn’t about giving participants "a taste" of what it is like to be homeless, although some leave with a tiny glimpse of how challenging such a situation can be. There is no way that a single night, regardless of how cold or wet, can replicate the helplessness and personal pain of truly being homeless.

Speakers are available to help your group gain awareness of homelessness and learn more about the Sleep Out for the Homeless event.

Requests for presenters can be made at: www.sleepoutcr.org

WHAT TO BRING TO THE SLEEP OUT

* Dress in layers
* Coat
* Hat
* Gloves/Mittens
* Blankets
* Pillows
* Flashlight
* Snacks
* Water bottle
* Games/books/etc

*TENTS ARE ENCOURAGED* (please no stakes)

If building a cardboard structure:
* Cardboard (limited quantities available)
* Packing tape (no duct tape)
* Box cutter
* Chalk/markers (no paint)

Participants are responsible for removing all materials that are brought into the stadium.

EVENT ACTIVITIES

* Educational games and learning experiences for all ages
* A family friendly movie will be shown on the Kernel’s scoreboard
* Silent auction (cash/credit/check accepted)
* Refreshments including soup and warm drinks

New This Year!

Details about these organizations can be found at: www.sleepoutcr.org
Get Involved!
lincountysleepout
@sleepoutcr

Thank you to our sponsors:

REGISTER

Individuals and groups can register at
www.sleepoutcr.org

Spread the word and fundraise for the cause through our official Sleep Out website.

DONATE

Donate online at:
www.sleepoutcr.org
or by mail to:
Community Circle of Care, Inc
ATTN: Sleep Out for the Homeless
PO Box 1305 Cedar Rapids, IA 52406-1305
Make checks payable to: Sleep Out Project

SPONSOR

Help a participant meet their fundraising goal by donating to a designated participant/group

Supporters can go to:
www.sleepoutcr.org

To become an event sponsor contact:
sleepoutcr@gmail.com

11th Annual Linn County Sleep Out for the Homeless

October 29-30, 2016
Veterans Memorial Stadium
950 Rockford Rd SW
Cedar Rapids, IA 52404

www.sleepoutcr.org

Gates open 3PM Saturday
Event concludes 6AM Sunday