

BUILDING OUR COMPASSIONATE COMMUNITY: MILESTONES

The Community Resilience Coalition (CRC) of East Central Iowa will create an equitable, accountable, and responsive community that builds resilience, coordinates efforts, and leverages resources in order to break the cycle of Adverse Childhood Experiences (ACEs).

August
2015

ACE Interface Train the Trainer: The Mental Health/Disability Services East Central Region invested in ACE Interface training provided by Dr. Rob Anda and Laura Porter. More than 25 individuals trained as master trainers to learn how to help communities have a shared and consistent language, quality information, and appropriately trained trainers/presenters. Since then, CRC members reported more than 13 ACE Interface trainings.

2016–17

Toolkit Launched: Connections Matter is a statewide and community-based initiative for those who want to learn how connections in life affect the brain's ability to grow and our own individual abilities to cope and thrive. In this workshop, topics include ACEs, trauma, brain development, and resilience. Connections Matter strives to promote building more resilient, compassionate, and trauma-informed communities—allowing all children and individuals to succeed. For more information, visit connectionsmatter.org.

March–
April 2017

The Art of ACEs: The Area Substance Abuse Council (ASAC) Prevention Program and community agencies, including the Cedar Rapids Public Library and CRC members, lead the Art of ACEs event. This annual event engages local youth in telling their stories of adversity, trauma, and resilience through creating art, poetry, dance, spoken word, and sculpture as representations of adversities they experience in childhood.

August
2017

Trauma Informed Schools Training: Tanager Place provided a full-day workshop to improve understanding of ACEs and assist local districts with implementing strategies to develop trauma-informed schools.

September
2017

Resilient Iowa Workshop: CRC members helped facilitate, present, or coordinate the University of Iowa's statewide learning exchange, Resilient Iowa Workshop. More than 180 participants from government, nonprofit, and academic institutions attended. The workshop is another example of statewide efforts to align learning, strategies, and measurable outcomes to improve assessment and prevention, as well as enhance resilience building and trauma-informed efforts.

Throughout
2017

Two ACEs Documentaries: The two documentaries, *Resilience* and *Paper Tigers*, explore the ACEs Study and implementation of both ACEs and trauma-informed practices. Seven screenings of the two documentaries occurred in the last year with audiences from both urban and rural settings. Trained ACEs facilitators incorporated panel and group discussions.