



WE FIGHT FOR HEALTH

United Way of East Central Iowa's (UWECI) mission is to unite the caring power of communities to invest in effective solutions that improve people's lives.

We partner with donors, volunteers, corporate partners, and agencies throughout East Central Iowa to ensure every member of our community has the opportunity to reach their full potential through education, financial stability, and healthcare.

The conditions in which we are born, grow, live, learn, work, and age influence our lifelong health. To improve health outcomes, we have to address conditions that create barriers to good health. United Way addresses three of these factors:

- **Social & economic factors:** Education, employment, income, family and social support, and community safety
- **Healthy behaviors:** Tobacco use, diet and exercise, alcohol and drug use, and sexual activity
- **Clinical care:** Access to care and quality of care¹

UWECI is focused on investing in solutions supporting these factors, which have the largest influence in lifelong health.

70% OF HEALTH OUTCOMES ARE DUE TO SOCIOECONOMIC FACTORS AND HEALTHY BEHAVIORS THAT IMPACT LENGTH & QUALITY OF LIFE.

UWECI works alongside the following organizations to invest in programs, collaborations, and solutions that support lifelong health and contribute to healthy community living and access to services

- Aging Services, Inc.
- Area Substance Abuse Council
- Benton County Volunteer Program
- Community Health Free Clinic
- Eastern Iowa Health Center
- Foundation 2
- HACAP
- Horizons: A Family Service Alliance
- Linn County Public Health
- Rural Employment Alternatives, Inc.
- UnityPoint Health– St. Luke's Dental Health Center
- The Arc of East Central Iowa
- Waypoint

¹ Robert Wood Johnson Foundation – Social Determinants of Health

FY18 Results



62,243 sessions
of counseling

17,461 PEOPLE
were screened for trauma

2,860 PEOPLE increased
knowledge of how to
improve
their health

601 WOMEN
received medical
co-pay assistance

1,540 WOMEN received
prescription assistance



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of East Central Iowa