



United Way
of East Central Iowa

Diwali Project 2019

Catherine McAuley Center

866 4th Avenue SE, Cedar Rapids

Mission

CMC offers hope and opportunity through educational and supportive services that promote stability, skill-building, and connection.

Client Demographic

CMC serves adult students, refugees and women experiencing homelessness. These particular donations will go towards the refugee population and the women in the Transitional Housing Program recovering from trauma and experiencing homelessness.

Contacts

Sara Zejnic, saraz@cmc-cr.org, 319-731-0443

Selah Ulmer, selah@cmc-cr.org, 319-731-0446

Gift and need list

HOUSEHOLD FURNISHINGS (New or gently used)

Mattresses (new only)
Box springs, bed frames (twin, full, queen)
Dressers
Couches (no pullout sleepers)
Chairs (rockers or recliners)
Lamps (especially floor lamps)
Kitchen tables and chairs
Dish and silverware sets (including child-sized)
Pots and pans
Mixing bowls /serving bowls
Basic kitchen utensils
Can openers (electric or manual)
Box fans/ Space heaters
Brooms and dustpans / Mops
Televisions (flat screen only)
Alarm clocks
Waste baskets

LINEN SUPPLIES (New only)

Pillows
Sheet sets, blankets, mattress pads (twin, full, queen)
Towels
Laundry baskets (large)
Hangers

PERSONAL CARE ITEMS (Unopened, full-sized)

Deodorant
Shampoo and conditioner
Shower gel / Body wash / Bar soap
Toothpaste
Hand lotion
Hair brushes and hair ties (new)
Diapers
Feminine Hygiene Products

FOOD PANTRY (Unopened, not expired)

Fresh fruits and vegetables – any
Dry white rice - bags (not instant)
Dry beans - bags (Pinto, Northern, Red, Lentils, Black)
White pasta - any
Canned chicken / Canned tuna
Peanut butter (small jars)
Cereal
Canned fruit
Canned soup
Canned tomato sauce / Canned diced tomatoes
Flour / corn meal / semolina flour (Mexican food)
Boxed potatoes
Cooking oil / sugar / salt

OFFICE SUPPLIES (New only)

Yellow No. 2 pencils / Pencil cap erasers
Notepads and spiral notebooks
Dry erase markers, erasers and board cleaners

GENERAL SUPPLIES

Bus passes
Disinfecting wipes
Facial tissues / Paper towels / Toilet paper
Copy paper (white)
6 Ft Fiberglass ladder / Corded drill
High-efficiency laundry detergent

Dish soap / Liquid hand soap
Dishwasher detergent (liquid or pods)
Dish cloths / Sponges
All-purpose cleaner / Toilet bowl cleaner
Vinegar and empty spray bottle for cleaning
LED light bulbs – 60 watt

Garbage bags (13 gallon size)
Freezer/storage bags



United Way
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Foundation 2

1714 Johnson Avenue NW, Cedar Rapids

Mission

The mission of Foundation 2 is to be a trusted support when life gets tough. All people. Any time. Every time.

Client Demographic

Foundation 2 is an emergency shelter for youth between the ages of 11-17, who are experiencing a personal or family crisis which makes it necessary to temporarily live away from home. Foundation 2's Independent Living Services provide support services for youth (ages 12-21).

Contacts

Katie Curtis, Kcurtis@foundation2.org, (319) 200-8428

Gift and need list

Shampoo/conditioner
Body wash
Towels/washcloths
Pillows/blankets/sheets (twin)/comforters
Deodorant
Body lotion
Toothbrushes/toothpaste
Socks/t-shirts (all sizes)/pajamas
Bus passes
Gift cards
Basketballs/volleyballs/soccer balls
Art and craft supplies
Lotion
Fidgets



United Way
of East Central Iowa

Waypoint

317 7th Avenue SE, Ste. 302B Cedar Rapids

Mission

Inspire people to move forward.

Client Demographic

Waypoint serves nearly 8,000 individuals every year experiencing homelessness, poverty, and domestic violence or struggling to access quality child care.

Contacts

Brittany Appleton, bappleton@waypointservices.org; 319-731-6118

Gift and need list

Gifts must be new and unwrapped

- **Infants & Toddlers (newborn - age 3)**
Riding Toys, Activity Centers & Gyms, Puzzles, Soft Blocks & Toys, Educational Toys
- **Younger Children (ages 4 - 6)**
Dolls & Accessories, Building Blocks, Legos, Lincoln Logs, Shopkins Toys, Lite-Brights, MagnaDoodles, Superhero Toys, AquaDoodles, Dress-Up Clothes, Food & Kitchen Play, Educational Toys
- **Older Children (ages 7 - 12)**
Sports Equipment, Craft Kits, Puzzles, Remote Control Cars & Trucks, Action Figures, Barbies, Educational Toys
- **Stocking Stuffers:**
G-Rated Movies, Hair Accessories, Small Toys, Books, Small Games
- **Parents:**
Dish Sets, Silverware Sets, Cookware Sets, Tupperware Sets, New Towels & Linens, Small Appliances (toasters, mixers, blenders, irons), Bedding, Pillows
- **Gift Cards:**
Target, Walmart, Hy-Vee, Gas Cards, McDonald's, Burger King, Movie Theater, AirFX, Sky Zone, Playstation
- **Games:**
Yeti in My Spaghetti, Beat the Parents, Pop the Pig, Hoot Owl Hoot, Hi Ho! Cherry-O, Chutes and Ladders, Memory Game, Monkey Around, KerPlunk, Life, Qwirkle, Trouble, Clue, Pie in the Face, Scrabble, Operation, Guess Who, Uno
- **Other Holiday Needs:**
Batteries for Toys (AA, AAA, C, D), Wrapping Paper & Bows

Volunteer. Advocate. Give.

317 7th Avenue SE, Suite 401, Cedar Rapids, IA 52401
319-398-5372 liveunited@uweci.org uweci.org



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Aging Service

317 7th Avenue SE, Ste. 302B Cedar Rapids

Mission

Aging Services strives to keep older adults independent in their own homes for as long as possible. We offer several programs and services to help make this happen.

Client Demographic

Older independent adults (ages 60-90+)

Contacts

Kayla Hutton, khutton@abbehealth.org, 319-398-3644

Gift and need list

Gift cards to places such as Wal-Mart, Target, Dollar Tree to purchase personal hygiene items/new clothing for those in need at our adult day centers.

Various art supplies: markers, colored pencils, paint, canvases, adult coloring books, paint brushes, are needed at our adult day centers for activities.

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United Way
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HACAP

1515 Hawkeye Drive, Hiawatha

Mission

Helping people develop skills to become successful and build strong communities

Client Demographic

Low-income families and individuals of all ages

Contacts

Chris Ackman, cackman@hacap.org, (319) 739-1505

Gift and need list

Non-Perishable Foods

- Peanut Butter
- Whole Grain Crackers and Pasta
- Brown Rice
- Canned Tuna & Chicken in Water
- Canned Vegetables (Low Sodium)
- Juice
- Whole Grain Oats & Cereal (Low Sugar)
- Canned Fruits (In Juice)
- Canned Soup (Low Sodium)
- Beans & Lentils
- Nuts, Seeds & Dried Fruits

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