

## VIRTUAL DAY OF CARING

### Participate in our Virtual Day of Caring, May 14, 2020

1. Find or create your own virtual or remote volunteer project
2. Ask others to join you while abiding by any existing social distancing recommendations
3. Share your photos and videos on social media; be sure to tag us (@UWECI) and use our special event hashtag #UWVirtualDOC

### Local and State Volunteer Opportunities

**United Way Volunteer Now** [www.uweci.org/volunteernow](http://www.uweci.org/volunteernow)

Volunteer Now connects volunteers with social distant-friendly virtual opportunities, critical COVID-19 needs, and regular ongoing opportunities that individuals and organizations can support.

*Make an Impact Remotely* Click [here](#) to explore virtual and remote volunteer activities that can be done online or offsite while practicing appropriate social distance and hygiene recommendations.

*COVID-19 Volunteer Response* Click [here](#) to view statewide & local COVID-19 volunteer needs.

### Other Ways to Share the Caring Spirit

**Share the Love with our Business Community** From going to the movies to dining out at local restaurants, many of the activities we are used to have been put on hold which has heavily impacted businesses throughout our community. Support the organizations that support the community through fundraisers, volunteers, and advocacy by **1)** purchasing gift cards **2)** ordering takeout and **3)** writing positive reviews for your favorite businesses on social media platforms

**Share the Love with our Neighborhoods** [Chalk your walk](#) and create positive messages and joyful designs to uplift your neighbors and make their day brighter! Or [card your yard](#) and spread happiness to our communities essential workers. Seeing your message helps others know they are not going through anything alone.

### Check out these additional online resources for inspiration

*Points of Light* (United Way East Central Iowa local affiliate)

[pointsoflight.org/resources/virtual-volunteer-opportunities](http://pointsoflight.org/resources/virtual-volunteer-opportunities)

National volunteer opportunities you can do offsite

*Operation Warm*

[operationwarm.org/blog/25-volunteer-jobs-to-do-from-home](http://operationwarm.org/blog/25-volunteer-jobs-to-do-from-home)

Volunteer projects you can complete from the comfort of your home



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