

Improving Access to Healthcare



Improving **access to healthcare** ensures that physical and mental healthcare is available and affordable for those who need it. Current barriers to access healthcare in Eastern Iowa include cost, transportation, language, and lack of providers. These disparities impact the overall health of Eastern Iowa, which causes a chain reaction of other challenges and needs.

What we're up against: In the fall of 2021, Iowa households below the **ALICE** threshold (Asset Limited, Income Constrained, Employed) were far more likely to report that they missed, delayed, or skipped their child's preventative check-up in the last 12 months. Mental health is just as important as physical health. In Iowa, adults reported their mental health was not good on over four of the previous 30 days.

Goals: Our long-term goal at UWECI (United Way of East Central Iowa) is to invest in programs that support individuals with disparities in health outcomes to have equitable access to care and resources.

How we're getting there: One of the many barriers individuals face in accessing healthcare is getting there. With your support, we plan to enhance our 55+ volunteer driven transportation programs in our rural areas while also engaging with **Managed Care Organization** to improve care coordination and navigation services. UWECI's leadership society **Women United** will also continue to advocate to reduce barriers to ensure healthcare is addressed for all women in our community.

Your Impact: Your investment in UWECI will impact over **9,800** individuals with **87%** reporting improved access to healthcare. Through **Women United's** nonprofit partners, we will reach **2,835** women with **92%** reporting improved access to healthcare.



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**Access to Healthcare
Nonprofit Partners
FY24-FY26: \$485,000
Investment from UWECI**

Area Substance Abuse
Council (ASAC)

Cedar County Public
Health

Rural Employment
Alternative

St. Lukes Healthcare
Foundation

Volunteer Services of
Cedar County

Youthport



**Women United Fund
FY24-FY26: \$203,533
Investment from UWECI**

Area Substance Abuse
Council (ASAC)

Community Health Free
Clinic

Eastern Iowa Health
Center

Hawkeye Area
Community Action
Program (HACAP)